



AFTERCARE

GUIDES

KEEP READING



AE

AESTHETICS

DERMAL FILLER AFTERCARE



**DO NOT TOUCH THE
AREA TO AVOID
INFECTION**



DRINK PLENTY OF WATER



**DON'T APPLY MAKEUP
FOR 24 HOURS**



**TO SOOTH BRUISING,
APPLY A COLD COMPRESS**



**AVOID EXERCISE, HOT TUBS,
SAUNAS FOR 24 HOURS**



**SPEAK TO ME ABOUT
BLOOD THINNING
MEDICATION**

ANTI WRINKLE AFTERCARE



**DO NOT TOUCH THE
AREA TO AVOID
INFECTION**



**NO ALCOHOL FOR 24
HOURS**



**AVOID SUN EXPOSURE
OR TANNING BEDS**



**REMAIN UPRIGHT FOR 4-6
HOURS**



**AVOID EXERCISE, HOT TUBS,
SAUNAS FOR 24 HOURS**



**BE PATIENT, RESULTS
CAN TAKE 10-14 DAYS**

