



EXTENSIONS REQUIRE REGULAR MAINTENANCE APPOINTMENTS (USUALLY EVERY 8 WEEKS).

#### **USING HEAT TOOLS:**

USING STRAIGHTENERS /TONGS AND WANDS ETC ARE TOTALLY FINE AND CAN ACTUALLY HELP TAME AND SMOOTH HAIR OUT. CARRY OUT REGULAR CHECK THAT YOUR HEAT APPLIANCES ARE CLEAN AND FREE OF BUILD UP OF PRODUCT AS THIS HAS BEEN KNOWN TO DISCOLOUR BLONDE EXTENSIONS. OVER USE OF HEAT APPLIANCES CAN CAUSE HAIR EXTENSIONS TO DRY OUT LEADING TO BREAKAGE, SNAPPING AND SPLITTING. ALWAYS SECTION YOUR HAIR AND BLOW DRY AS SMOOTH AS POSSIBLE. WE DO NOT RECOMMEND 'AIR DRYING" YOUR HAIR AS THIS CAN SATURATE THE BOND LEAVING THE BONDS WET FOR TOO LONG AND COMPROMISING THE QUALITY AND LIFESPAN OF THE BONDS.



## **BRUSHING YOUR HAIR**

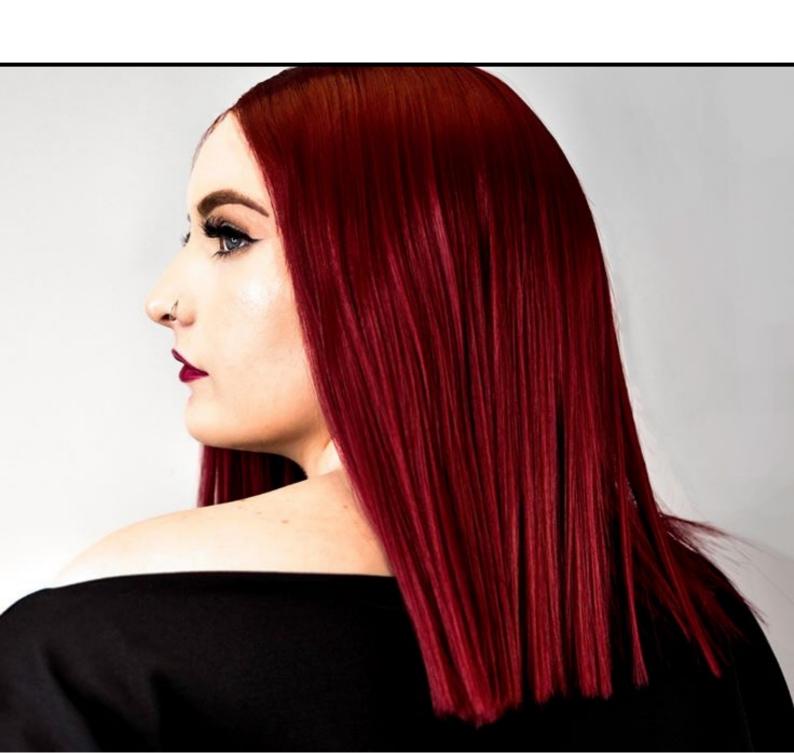
- Starting at the midlengths of your hair, hold each section for support just above where you are brushing and brush downwards towards the ends. Continue this process and brush sections higher up the hair shaft each time. When close to the roots, put your hand over the weft to support your hair extension.
- It's important to brush the weave itself from root to tip, aswell as the hair above and below it. This will avoid matting.
- Sectioning off your hair, just like you would when styling will really help the brushing process.
- Never brush the hair when it is wet and only use a wide tooth comb to ensure the hair does not stretch and weaken

### SUN/SUNBEDS

UV rays can fade or discolour extensions – we advise wearing a hat while out in the sun and if you use a sunbed to wrap the hair up in a towel and completely keep out of exposure to strong UV rays.

### SPORTS/GYM

Detangle your hair using a hair extension brush and tie up using slinky bobbles



# WASHING Your hair!

Before washing, always brush your hair to avoid problems with tangles and matting.

#### Shampooing

- · Throughly brush your hair before washing
- Apply your recommended shampoo to wet hair, squeeze through from roots to ends.
- Gently massage the scalp using your fingertips using a downwards zigzag motion.
- Rinse thoroghly, repeat as necessary.

#### Conditioning

- Apply your recommended conditioner to wet hair.
- Using gentle finger strokes, smooth conditioner from mid-lengths to ends. Do not condition the root area.
- Rinse thoroughly

#### Hair Masks

- For extra conditioning, regularly apply a mask to the hair.
- · After washing, apply a recommended hair mask.
- Smooth through midlengths to ends. Leave for ten minutes, rinse thoroughly

#### Leave in conditioner

 Spray a leave in conditioner onto wet hair before drying every time for extra longevity from your hair extensions





We recommend using the Framar, Detangle brush for hair extensions & wigs! It's also great for every day use on normal hair!

- Effortlessly detangles even the most stubborn knots
- Ideal for all hair types

Colours may vary!





## MAINTENANCE & REFIT

- As your hair grows, the length of hair from scalp to hair extension bond will become longer.
- This means you'll need to pay your stylist a visit to a regular maintenance, we recommend every 6-8 weeks.
- Your stylist will move up your hair extensions to their original positioning.
- Every 3-4 months, you'll need your hair extensions removing and refitting. This is to make sure it causes no damage to the natural hair.

# WEARING Your hair up!

You can wear your hair up with your Hair Extensions in, infact it can be so easy to wear your hair up. However, we don't recommend this for daily wear.If you wear your hair up too often, it can cause tension on the natural hair and scalp, sometimes leading to bald spots.

When your hair extensions have been freshly fitted we don't recommend wearing them up for 1 week. If you need to tie your hair back, its much better for your natural hair and scalp to wear it in a low pony.





### COLOURING

- We do not recommend colouring your hair extensions yourself.
- Colouring should be carried out by a qualified professional
- We do not recommend perming, or lightening hair extensions, this will shorten the life span of your hair extensions drastically.

### SLEEPING

- Whilst sleeping, we recommend wearing your hair in a loose pony tail or plait. This will help avoid any matting.
- Using a silk or satin pillow case will help reduce tangles and improve the life span of your hair extensions.

